



Wise
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Publishing

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Media Release

It's time to respect and honor women's voices. Inspire women to be the leader of their life!

We let our dreams and our voices get stepped on - squashed. Life can feel like a roller coaster and that you're not in control. Only you can stop that and make the changes in your life – to create and lead your life! People are looking for someone to rescue them and it's time to look inside yourself. You are the leader of your life.

Since founding the Women of Wisdom Conference 16 years ago, Kris Steinnes has seen women change their lives and become awe inspiring to other women.

She will share:

- Why it is important for women to share their stories, be witnessed and support each other in pursuing their dreams
- Why no is so powerful to achieving your dreams!
- Why women mentors and role models are needed now for women and young girls to discover the value of their voice and embrace their innate feminine strengths so women's values will be respected in the world.
- Why you shouldn't sit back and wait for a leader.
- How to use your circle of friends to support you and your dreams.
- What is Circle leadership and how it can help you.

Kris Steinnes is the founder of Women of Wisdom Foundation and the author of Women of Wisdom: Empowering the Dreams and Spirit of Women.

To arrange an interview contact Kris Steinnes at 206-784-5428

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Media Page

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Book: Women of Wisdom: Empowering the Spirit and Dreams of Women

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Introduction: We need women leaders but do women feel supported and heard? And when do they have time? Kris Steinnes, founder of Women of Wisdom Foundation, will share with you today how women can find their voice and start living their dreams now. Discover how a supportive community can empower and validate you.

Sample questions:

1. What is Women of Wisdom and how did you start it? _
2. What inspired you to write the book, Women of Wisdom?
3. How do you define "the Divine Feminine" and "Women's Spirituality"?
4. Why is it important now to reclaim our feminine attributes?
5. What stops women from pursuing their dreams?
6. How can women's voices be respected and honored?
7. What do we have to do to be able to embrace women in leadership?
8. There is a commonly accepted idea that in order to succeed in business, politics, or academia, women need to "act like men." Is there a different kind of leadership model emerging?
9. What stops women from sharing their stories?
10. What brought you to develop circle leadership?
11. In this critical time of war, economic recession, ecological crisis and food shortages, there are those who might consider a focus on women's consciousness

raising and women's spirituality to be self indulgent. How do you respond to this?

Extro:

Kris Steinnes' new book, *Women of Wisdom* will inspire you to make changes in your life with stories, art and poetry. The book is available at www.womenofwisdom.org. She will be speaking at Third Place Books on June 18th and Elliott Bay Book Company on July 26th, in Seattle.

Bio

Kris Steinnes founded the Women of Wisdom Conference in 1993. For 16 years she has directed this life changing conference in Women's spirituality. In 1998 Ms. Steinnes created the not-for-profit organization, Women of Wisdom Foundation. Her background was in clothing design and product development. In 1983 she traveled around the world for three years, which led her to come back to the US to discover her passion. She is a minister, meditation teacher, author and leader.